Biological properties of neural crest-derived multipotent stem cells from the bulge region of whisker follicle expanded under new culture conditions

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Aim. The work is aimed to obtain the culture of neural crest-derived multipotent stem cells (NC-MSCs) under new culture conditions and to investigate their biological properties. Methods. NC-MSCs were grown from the explants of the bulge region of whisker follicle of adult mice. The cell cultures were examined by the following methods: sphere-forming assay, directed multilineage differentiation, CFU assay, immunocytochemistry, flow cytometry, RT-PCR. Results. The obtained NC-MSCs expressed the typical neural crest markers (nestin, Sox10 and Sox2) and were differentiated into adipocytes, osteoblasts and Schwann cells. Under our original growing conditions, the culture of NC-MSCs at the third passage had the following parameters: 66.8 % nestin⁺, 3.1 % ALDHbright and 33.3 % clonogenic cells. The NC-MSCs growth rate depended on plating density. EGF and bFGF demonstrated a dose-dependent mitogenic action on NC-MSCs. Conclusions. The proposed approach permits the NC-MSC expansion with the maintenance of their main functional properties. Further optimization of the culture conditions will be based on the use of growth factors and low plating density.

Keywords: neural crest, multipotent stem cells, colony-forming units, plating density, growth factors.

Introduction. In the recent 15 years the neural crest-derived multipotent stem cells (NC-MSCs) have been isolated from various tissues and organs of adult mammals (for review see [1]). The given cell type is of great interest for the basic research in cell biology as well as for the practical application in the regenerative medicine. This is explained by the NC-MSCs capacity for self-renewal and differentiation into multiple cell types such as neurons, Schwann cells, corneal stromal (keratocytes) and endothelial cells, melanocytes, osteoblasts, etc.

NC-MSCs exist in various adult mammalian tissues as a minor cell population. For their practical use in regenerative medicine, reliable and reproducible methods are needed for their expansion. The majority of NC-MSCs culturing protocols use a combination of the chick embryo extract (CEE) and fetal bovine serum (FBS) as growth supplements [2]. The CEE and FBS have an undefined, complicated and variable composition. As a commercial product the CEE is now very rarely produced by few companies and predominantly as a protein-free ultrafiltrate unable to maintain NC-MSCs expansion. The CEE production in laboratory is a complicated and labor-consuming process. Thus a creation of the GMP-compliant xeno-free media for the NC-MSCs culturing for clinical application is very actual. For the human cell culture a successful replacement of FBS by human blood derivatives (e. g. platelet
lysate) was shown [3]. Hence the development of CEE-free growth media for NC-MSCs is a great challenge.

The second aspect of the NC-MSCs culture is a search for the markers of stemness. The clonal analysis performed by us and others has shown that at early culture stages the cells are heterogenic by their clonogenic potential [2, 4]. In other words, not all of the cells in culture are stem cells. A clonal analysis is the gold standard for determination of the amount of stem/progenitor cells in culture or tissue samples. However, this is a time-consuming process allowing only a retrospective assessment.

Nestin is thought to be one of the most popular markers of neural stem/progenitor cells and NC-MSCs [2, 5]. It is the class VI intermediate filament protein with a cytoplasmic localization and thus it is technically unsuitable for the isolation of live positive cells. Currently the role of nestin as a marker of stem cells and the idea of its exclusive expression in the neural and neural crest cells are re-estimated [6]. Nowadays there are no phenotypic markers that allow identifying and isolating NC-MSCs from the committed cells with a limited proliferative potential (progenitor cells). Search for the markers suitable for the prospective evaluation and selection of NC-MSCs is very actual. A perspective non-immunological method is the identification of the stem/progenitor cells based on a high activity of aldehyde dehydrogenase (ALDH). High ALDH expression has been reported for normal and cancer stem/precursor cells of various lineages including hematopoietic, mammary, endothelial, mesenchymal, and neural (for review see [7]). The ALDH activity for NC-MSCs has not been estimated so far.

Our aims were to obtain the NC-MSCs culture from the bulge region of the whisker follicle of adult mice in the new CEE-free culture conditions, (b) to confirm the NC-MSCs identity, (c) to investigate functional signs and markers of stemness in culture (clonogenicity, number of nestin+ and ALDHhigh cells), (d) to assess effects of plating density and growth factors on the NC-MSCs proliferation.

Materials and methods. Our experiments were done in accordance with the bioethics and biological safety norms and confirmed by the conclusion of the Bioethical Committee of the State Institute of Genetic and Regenerative Medicine NAMS of Ukraine. Five cell cultures obtained from males of FVB strain 4–6-month old mice were used.

Isolation and culturing of NC-MSCs from the bulge region (BR) of the whisker follicle (WF). NC-MSCs were isolated using an explants technique from the BR of the WF according to Sieber-Blum et al. [2]. Briefly, the specimens of BR were obtained via microdissection of WF under stereomicroscope. Afterwards each three explants were placed in the collagen-coated 35 mm Petri dish and cultured in the multigas incubator CB210 («BINDER», Germany) at 37 °C, saturated humidity in the artificial atmosphere containing 90 % of N2, 5 % of O2 and 5 % of CO2 in the following growth medium: DMEM:F12 («Sigma») supplemented with 10 % fetal bovine serum (FBS) («Sigma»), 1% vitamins MEM («Sigma»), 2 mM glutamine («Sigma», USA) and 2 % insulin, transferrin, selenium (ITS) supplements («BD», USA). On day 11 the explants were discarded and the cells were subcultured into T25 flask. All culture dishes were coated with type I collagen. When subcultured, the cells were dissociated with 0.05 % trypsin in 0.53 mM Na2-EDTA («Sigma»).

In order to check the NC-MSC phenotype and contamination by other cell types, a part of the explants was plated on a cover glass. The cells of primary culture were stained on day 11 as described below (Immunofluorescent staining section). For the rest of experiments we used the 3rd passage cells.

Sphere-forming assay. The cells were dissociated and washed twice by phosphate buffered saline (PBS, pH 7.4) with centrifugation (200 g, 5 min) to get rid of the serum residues and then plated in the concentration 10^4 cells/ml in the 35 mm Petri dish for suspension cell culture in the serum-free medium containing: DMEM:F12, 2 % B27 supplement, 2 mM glutamine, 20 ng/ml basic fibroblast growth factor (bFGF, FGF-2) («Sigma», USA), 40 ng/ml epidermal growth factor (EGF) («Sigma»). The growth factors were added each 48 h. Half of the medium was changed once a week. The cells were cultured for 14–21 days.

Directed multilineage differentiation. Adipogenic differentiation was performed in the following medium: DMEM with high glucose content (4.5 g/l) («Sigma») with 5 % horse serum («PAA», Austria), 10 % FBS, 1 µM dexamethasone, 200 µM indomethacine, 500 µM isobutylmethylxanthine and 5 µg/ml insulin («Sigma»).
After 14 days the cells were fixed and stained. To detect adipogenic differentiation, the cells were stained with Oil Red O («Sigma»).

Osteogenic differentiation was performed in the following medium: DMEM with low glucose content (1 g/l) with 10 % FBS, 100 nM dexamethasone, 10 mM β-glycerophosphate and 50 µg/ml ascorbate-2-phosphate («Sigma»). After 21 days the cells were fixed and stained. To detect osteogenic differentiation, the cells were stained with Alizarin Red S («Sigma»).

Differentiation into glial cells (Schwann cells) was done in Neuronal Medium («PAA») with 10 % mouse brain extract, 1 % B27 («Gibco»), 2 µM retinoid acid and 2 µM forskolin («Sigma»). After 14 days the cells were fixed and stained.

Colony-forming units (CFU) assay. Two hundred cells of each cell culture were seeded in triplicate on the 100 mm Petri dishes in the growth medium (FBS concentration was increased to 20 %). The cells were grown during 14 days. The colony-forming efficiency (CFE) was estimated according to the standard formula: CFE = (number of colonies formed/number of cells plated) · 100 % [8]. To assess the types of CFU, the cultures were stained with Romanovsky-Gimsa («Macrochim», Ukraine).

Flow cytometry. The number of nestin+ and ALDHbright cells was measured on the flow cytofluorimeter-sorter BD FACSaria («BD»). Staining by monoclonal anti-nestin (PE) antibodies was performed according to the manufacturer’s instructions («BD»). ALDHbright cells were identified using the ALDEFLUOR™ kit («STEM CELL Technologies», Canada) according to the manufacturer’s instructions.

RT-PCR analysis. Cells were harvested by trypsinization and washed by PBS. Total cellular mRNA was isolated by the column-based kit «NucleoSpin RNA» («Macherey-Nagel», Germany) according to the manufacturer’s instructions. cDNA were synthesized with the RevertAid First Strand cDNA Synthesis Kit using oligo(dT) primer («Thermo Scientific», USA) according to the manufacturer’s instructions.

For the detection of Sox10 and Sox2 mRNA expression we used the following primers:

Sox10 –
F: 5’-GACTGGACGCTGGTGCACATGCC-3’,
R: 5’-CGGTTCTTCCGCGCCAGGTTT-3’;

Sox2 –
F: 5’-TCACAACAAATCGCGCCGG-3’,
R: 5’-GTTCATGTGCCTGCTAGTGC-3’.

To evaluate the quality of purified RNA, a control RT-PCR was performed using the GAPDH primers from the kit («Thermo Scientific»). For the DNA contamination control we used the samples without reverse transcriptase.

Immunofluorescent staining of cells. NC-MSCs were fixed with Cytofix reagent («Sigma») for 30 min at room temperature, washed twice with PBS («Sigma»), then permeabilized with 0.1 % Triton X-100 («Sigma») for 10 min, washed twice with PBS, saturated with 4 % bovine serum albumin (BSA) («Sigma») for 30 min and stained with FITC-conjugated anti-pancytokeratin mouse antibodies (1:50, «Sigma») and primary rabbit antinestin antibodies (1:100, «Sigma») for 1 h at room temperature. The cells were washed three times with PBS and incubated with secondary goat anti-rabbit Alexa 594-conjugated antibodies (1:2000, «Abcam», UK) for 1 h and washed two more times with PBS. Glial differentiation was detected with primary mouse anti-S-100 (1:500, «Abcam») and secondary goat anti-mouse fluorescein isothiocyanate (FITC)-conjugated antibodies (1:2000, «Abcam»).

Cell nuclei were contrasted with Hoechst 33342 (2 µg/ml) or propidium iodide (PI, 2 µg/ml) for 10 min after the incubation with the secondary antibodies. Then the cells were washed two times with PBS and mounted in Mowiol («Sigma»).

Estimation of plating density effect on growth rate. Cells were plated into T25 flasks (in triplicate) with plating density 10, 50, 100, 1000 and 5000 cells/cm² and cultured for 7 days (change of the medium was done every 48 h). Thereafter the cells were calculated. The cell population doubling number (PDN) and the population doubling time (PDT) were estimated according to the standard formula: PDN = 3.32 · lg(Xk/X0) and PDT = T/3.32 · lg(Xk/X0), where Xk – number of expanded cells; X0 – number of plated cells; T – cell culture time [8].

Assessment of growth factors effect on proliferation. The cells were seeded on 6-well plates (in triplicate) with plating density 1000 cells/cm² and cultured for 7 days in the standard growth medium (control) or in the growth medium supplemented with EGF (5, 10, 20 and 50 ng/ml) or bFGF (1, 2, 5 and 10 ng/ml). The medium
Fig. 1. Morphology, phenotype and functional properties of NC-MSCs: A – an explant of BR WF with migrating NC-MSCs, 11 days of primary culture, phase contrast, scale 200 µm; B – the morphology of NC-MSCs, phase contrast, scale 50 µm; C – NC-MSCs are nestin (red) cytokeratin (green), scale 20 µm; D – RT-PCR analysis of the expression of NC markers in two NC-MSC cultures (M – 100 bp DNA ladder; RT- – control without reverse transcriptase); E – NC-MSCs form spheres in serum-free conditions, phase contrast, scale 20 µm; F – adipogenic differentiation of NC-MSCs, Oil Red stain, scale 200 µm; G – osteogenic differentiation of NC-MSC, Alizarin Red stain, scale 200 µm; H – differentiation of NC-MSC into Schwann cells, anti-S-100 stain (green), fluorescent microscopy, scale 20 µm

Fig. 2. ALDH<sup>bright</sup> cell detection in the 3<sup>rd</sup> passage culture of NC-MSCs: A – control (cells treated with the inhibitor of ALDH); B – tested cells. P1 – population of ALDH<sup>bright</sup> cells

Fig. 3. Clonal heterogeneity of NC-MSCs: A – type I CFU; B – type II CFU; C – type III CFU (colony center with high cell density and 3D structures formation (spheroids)); D – type III CFU (colony periphery with actively migrating fibroblast-like cells). Romanowsky-Giemsa stain, scale 200 µm
was changed every 48 h. The cell number was calculated on days 3, 5 and 7.

**Cell counting and viability assay.** The cell number and viability were estimated after staining with 0.4 % trypan blue. The living and dead cells were counted using the Goryaev chamber. The cell viability (CV) was estimated according to the standard formula: CV = (number of viable cells/total cell number)·100 % [8].

**Microscopy.** Inverted fluorescent microscope Axio Observer A1 equipped with digital camera AxioCam ERC 5s and ZEN 2012 («Carl Zeiss», Germany) software was used.

**Statistics.** The data are presented as means and standard deviation (M ± s). Statistical significance was estimated using the Student’s t-criterion.

**Results and discussion.** Under proposed culture conditions cell migration from the BR explants and their active proliferation began on day 4. It was previously shown that the culture from BR of WF besides NCSC may also contain other cell types such as epidermal stem cells and keratinocytes [2, 9]. To check the purity and homogeneity of the obtained cultures we analyzed cell morphology (fibroblast-like for NCSC vs epithelial-like for keratinocytes) and expression of the specific markers (nestin for NCSC and cytokeratin for keratinocytes). All cells in primary culture had a characteristic fibroblast-like morphology and were nestin+cytokeratin+ (Fig. 1, A, B, C). They also expressed transcription factors Sox10 (one of the central regulators of neural crest development, which maintains neural crest cell identity) [10] and Sox2 (a marker of early neuroepithelial cells, factor of pluripotency and stemness, reexpressed in adult NC-MSCs) [11] (Fig. 1, D). Thus the cells expressed main phenotypic markers of the neural crest-derived cells.

Next, we expanded the cells up to 3rd passage and studied their functional properties. Importantly, the 3rd passage allowed obtaining a sufficient number of cells for most experimental and potential clinical applications. When cultured in serum-free conditions the 3rd passage NC-MSCs formed floating spheres like neurospheres formed by neural stem cells (Fig. 1, E). The cells also possessed the capacity for a directed differentiation into adipocytes, osteoblasts and glial cells (Fig. 1, F, G, H). Thus the cells expanded in our culture conditions corresponded to the NC-MSCs criteria [1].

The study on functional and phenotypic markers of stemness in 3rd passage cultures revealed that at a given time point the number of nestin+cells was 66.82 ± 5.91 % and the CFE was 33.33 ± 3.57 % (Table). Besides, a minor subpopulation of ALDH bright cells (3.06 ± 1.13 %) was present in the NC-MSCs culture (Fig. 2, Table). An analysis of the colonies formed in the CFU assay showed that the 3rd passage NC-MSCs were heterogeneous in their proliferative potential. Depending on the cell number, all CFUs could be divided into three types: type I CFU consisted of 50–100 cells; type II CFU consisted of 100–300 cells; and type III CFU (about 1000 cells) (Fig. 3, Table). Earlier we showed that only type III CFUs were able to form secondary clonal colonies [4, 12]. Noteworthy, the subcloning of type III CFU resulted in the appearance of all the three types of colonies again [4, 12]. Thus, type III CFUs possess the ability for self-renewal. Previously we had also shown that the clonal cultures from type III CFUs maintain the ability for directed multilineage differentiation into adipocytes, osteoblasts, neurons and Schwann cells [13]. Therefore, the type III CFUs in vitro manifest the main functional signs of stem cells, i. e. self-renewal and mul-

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### Parameters of NC-MSC cultures at the 3rd passage

<table>
<thead>
<tr>
<th>Cell culture, N</th>
<th>Nestin+ cells, %</th>
<th>ALDH bright cells, %</th>
<th>Colony-forming efficiency, %</th>
<th>Type I colony-forming units (CFU), % of plated cells</th>
<th>Type II CFU, % of plated cells</th>
<th>Type III CFU, % of plated cells</th>
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<tr>
<td>M ± s</td>
<td>66.82 ± 5.91</td>
<td>3.06 ± 1.13</td>
<td>33.33 ± 3.57</td>
<td>10.43 ± 1.53</td>
<td>19.73 ± 1.51</td>
<td>3.12 ± 1.33</td>
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tilineage differentiation and hence their founder cells are the NC-MSCs per se.

For further optimization of the NC-MSC culture conditions we studied the effects of plating density and growth factors (bFGF and EGF) on the cell growth rate. NC-MSCs show strong dependence of growth rate on plating density (Fig. 4). The highest growth rate was observed at the lowest plating density (10 cells per cm$^2$): the population doubling number was almost three times bigger whereas the population doubling time was three times less than that of the cells with high plating density (5000 cells per cm$^2$). We found that in given conditions the optimal cell plating density for NC-MSCs is 50–100 cells per cm$^2$ that allows fast and steady expansion.

As for the growth factors effect, both bFGF and EGF produced a dose-dependent mitogenic effect (Fig. 5). Notably, the bFGF effect was more pronounced and appeared at lower concentrations: 1 ng/ml of bFGF was enough to increase the cell number three times comparing to the control. A higher bFGF concentration (from 2 to 10 ng/ml) gave similar curves and about 4-fold increase in the cell number. EGF had less striking effect and at the concentration of 10 ng/ml only doubled the NC-MSCs number comparing to the control.

Studies on NC-MSCs and development of culture methods for their expansion are an actual and complex task. It was believed for a long time that NC-MSCs have the transitory nature similar to neural crest and exist only in the narrow time span during embryonic development. In recent 15 years this concept has changed in view of the isolation of cells possessing NC-MSC properties from many tissues of adult mammals. However, their study is very challenging.

Firstly, NC-MSCs exist in adult organism tissues in the form of minor population and currently there are no phenotypic markers for their discrimination from the cells of mesenchymal origin. Secondly, several of the neural crest-derived differentiated cell types, such as melanocytes and Schwann cells, possess the capacity for dedifferentiation and subsequent multilineage differen-
tiation into other cell types [14, 15]. As has been already mentioned, the phenotypic markers of NC-MSCs allowing their distinction from the neural crest-derived differentiated cells are lacking.

The engineering of special transgenic mice strains allowed solving the problem of isolation of neural crest-derived cells from an adult organism for the investigation of their biological properties [16]. It was shown that BR of WF is the convenient source for the isolation of NC-MSCs and a significant part of cells in the primary culture appears to be stem cells [2]. According to our results, the culture of neural crest-derived cells has the hierarchic organization and is composed of three cell subpopulations:

a) stem cells with a large proliferative potential that are capable of self-renewal (type III CFU);

b) progenitor cells with a moderate proliferative potential that are incapable of self-renewal (type II CFU);

c) differentiated cells with limited proliferation capacity (type I CFU).

Such hierarchic organization of the cells in culture was reported by other authors for the NC-MSCs [17]. Our findings open new aspects for the NC-MSC biology and can promote translation of the experimental therapeutic methods based on NC-MSCs into the clinical practice of regenerative medicine.

Conclusions. Our findings open new aspects for the NC-MSC biology and can promote translation of the experimental therapeutic methods based on NC-MSCs into the clinical practice of regenerative medicine.
Биологические свойства мультипотентных стволовых клеток – производных нервного гребня из бульбарного района волосяного фолликула вибрисса, размноженных в новых условиях культивирования

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Резюме

Цель. Получить культуру мультипотентных стволовых клеток – производных нервного гребня (МСК-ПНГ) в новых культуральных условиях и исследовать их биологические свойства.

Методы. МСК-ПНГ получали из экскантов бульбарного района волосяного фолликула вибрисса взрослых мышей. Культуры клеток изучали следующими методами: изучение на способность к сферогенезу, направленная мультилинейная дифференциация, тест на колоннеобразующую способность, иммунофлюоресценция, проточная цитометрия, ОТ-ПИР. Результаты. Полученные МСК-ПНГ экспрессировали характерные маркеры нервного гребня (нестин, Sox10 и Sox2) и дифференировались в адипоциты, остеобласти и Шванновские клетки. В предложенном нами условиях культура МСК-ПНГ на третьем пассаже содержала: 66,8 % нестина, 3,1 % ALDH*-от и 33,3 % колоннеобразующих клеток. Определено, что скорость роста МСК-ПНГ зависит от плотности посадки. Показано дозозависимое типогенное действие EGF и bFGF на МСК-ПНГ. Выводы. Предложен подход, позволяющий нарабатывать МСК-ПНГ с сохранением их основных функциональных свойств. Дальнейшая оптимизация условий культивирования будет основана на использовании факторов роста и низкой плотности посадки.

Ключевые слова: нервный гребень, мультипотентные стволовые клетки, колоннеобразующие единицы, плотность посадки, факторы роста.

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